

## **Summer 2023**

### **North Star Improv Comedy Class**

This Summer, North Star is planning to offer an Improv Comedy Class. What is Improv Comedy? Comical acting, off the cuff, without a script. Like on that show *Whose Line is it Anyway?*

The most basic component of Improv is taking in what your fellow scene workers (actors) are doing, and then acknowledging, responding to, and building on that. This is a rule of thumb referred to as “*Yes, and . . .*” For example, if Actor A is portraying a employee of an ice cream parlor filling a cup with raspberry sorbet, Actor B might build on that by jumping into the role of a coworker making a rootbeer float, or the parlor’s manager criticizing their employee for overfilling the cup, or perhaps an irate customer airing complaints about receiving a brownie sundae instead of the banana split they ordered.

But why Improv? What’s the point? Improv comedy is both a silly and entertaining way to practice many Communication and Executive Functioning skills including:

- ⑩ Expressing ideas and feelings Nonverbally
  - ⑩ Processing Nonverbal cues
    - ⑩ Task Initiation
  - ⑩ Resilience in the spotlight
    - ⑩ Flexibility

#### Program Details

**Age-range:** 14-18

**Group Size:** 4-10 students + staff

**Dates/Times:** TBD

**Fee:** \$10 per hour, per student

Please Note: We will need a minimum of 4 students in order to begin and continue this class.

If you, or a family member, is interested in taking this class, or has questions about it, please email David Koenig at [davidk.northstared@gmail.com](mailto:davidk.northstared@gmail.com)